

KAISER MEDICAL HMO

FOR CA MEMBERS ONLY

KAISER DED. HMO + NSH (MERP) PLAN		
WHAT YOU PAY	Base Plan	You Pay ^A Using your Nonstop Health (NSH) Visa Card
Nonstop Health (NSH) Medical Expense Reimbursement Plan (Individual/Family)	\$5,500/\$11,000 NSH Visa Card (paid for by Heluna Health)	
Calendar Year Deductible (Single)	\$5,500	\$0 with NSH Visa Card
Calendar Year Deductible (Family)	\$11,000	\$0 with NSH Visa Card
Calendar Year OOP Maximum (Single)	\$7,000	\$1,500
Calendar Year OOP Maximum (Family)	\$14,000	\$3,000
Preventive Services	No Charge	No Charge
Office Visits (Primary/Specialist/Telehealth)	\$50 (PCP)/\$50 (SPC)/\$0 (TEL) ¹	\$0 Co-pay with NSH Visa Card (Thereafter \$50 Co-insurance up to \$1,500 OOP Max)
Lab & X-ray	40% ¹	\$0 Co-pay with NSH Visa Card (Thereafter 40% Co-insurance up to \$1,500 OOP Max)
Complex Radiology (includes CT, PET and MRI)	40% ¹	\$0 Co-pay with NSH Visa Card (Thereafter 40% Co-insurance up to \$1,500 OOP Max)
Inpatient Hospital Services (includes maternity)	40% ¹	\$0 Co-pay with NSH Visa Card (Thereafter 40% Co-insurance up to \$1,500 OOP Max)
Outpatient Surgery	40% ¹	\$0 Co-pay with NSH Visa Card (Thereafter 40% Co-insurance up to \$1,500 OOP Max)
Urgent Care	\$50/visit ¹	\$0 Co-pay with NSH Visa Card (Thereafter \$50 Co-insurance up to \$1,500 OOP Max)
Emergency Room	40% ¹	\$100 Co-pay , then \$0 cost with NSH Visa Card (Thereafter 40% Co-insurance up to \$1,500 OOP Max)
Ambulance (Emergency only)	40% ¹	\$0 Co-pay with NSH Visa Card (Thereafter 40% Co-insurance up to \$1,500 OOP Max)
PRESCRIPTION DRUGS		
Prescription Deductible	Combined with Medical Deductible	\$0 Rx Deductible with NSH Visa Card
Retail Rx (up to 30 day supply)	\$15 ¹	
Tier 1	40% up to \$100 ¹	\$0 Co-pay with NSH Visa Card
Tier 2	40% up to \$250 ¹	(Thereafter Rx Tier Co-pay \$15//40% up to \$100/40% up to \$250)
Tier 3		

EMPLOYEE SEMI-MONTHLY CONTRIBUTIONS

Employee	\$20.00
Employee + Spouse	\$419.62
Employee + Child(ren)	\$96.18
Employee + Family	\$535.74

The first \$5,500 of in-network medical expenses for Employee Only (\$11,000 for Family) is paid using your Nonstop Health (NSH) Visa Card. The member responsibility after this limit is shown in the You Pay column.

^AThese amounts apply after all of your Nonstop Health (NSH) funds have been used.
¹Calendar deductible must be satisfied first before any benefits are paid (unless specified otherwise).

KAISER MEDICAL PROVIDER SEARCH

Kaiser HMO Plan Members

- 1 Visit www.kp.org and click on **MENU** then **DOCTORS & LOCATIONS**.
- 2 Choose the Search type you are looking for
- 3 Choose the Region you are searching in, and enter your zip code.
- 4 Once you press SEARCH you will get a listing of doctors. You can refine your search results after you get a listing.
- 5 **Scheduled mental health visit:** to schedule a phone, video, or in-person visit with a mental health professional or addiction counselor, call 1-833-KP-WITH-U

Kaiser Health Plan is only available to employees who reside in California. However, you can get care (virtual appointments 24/7, urgent care, emergency care, and prescriptions) in all 50 states or internationally while traveling.

Your benefits,
Your choices,
Your health!

Ready to make an appointment?

You can visit kp.org/newmember to see where you can get care.

At kp.org/newmember, you can browse Kaiser doctor profiles and search based on what's important to you—like location, languages spoken, or gender. You can also call Kaiser for help at **1-888-956-1616**, Monday through Friday, 7am to 7pm.

Reminder! You can switch doctors for any reason, at any time.

More Resources

Explore a wide range of apps, podcasts, articles, and resources to help you thrive in mind, body, and spirit.

New Member Information

Preventive care

Symptom checker

Mental health services

Care while traveling

Self-care apps

Health classes and programs

Wellness coaching

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